



Welcome to the 2nd Annual Sam Michael's 5K Obstacle Challenge Race hosted by Jefferson County Parks and Recreation and The Outdoor Education Center of For Love of Children! Are you ready to Race into Battle!?

Saturday, April 26, 2014

SCHEDULE OF EVENTS

7:00-8:30am: Registration & Packet Pick up

9:00 am: Start of Heat 1

9:30 am: Start of Heat 2

10:00 am: Awards Ceremony

10:00 am - 12:30pm: Race After Party
and Just Move It Health Expo

12:30 pm: Kids Fun Run (*Note registration closes at 11:30am*)

REGISTRATION FORM	NAME: <input type="text"/>
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ADDRESS:		
CITY/STATE/ZIP:		PHONE:
EMAIL:		T-SHIRT: SIZE: S M L XL
<input type="radio"/> MALE <input type="radio"/> FEMALE	DOB: _____ AGE ON 4/26/2014 _____ T-SHIRT SIZE: (ADULT) S M L XL	Registration fee information: (includes T-shirt) By March 1: \$35.00 By April 25: \$45.00 Race-day: \$50.00 Kids Fun Run: FREE
EVENT: <input type="radio"/> Heat 1 <input type="radio"/> Heat 2	Heat 1 (9:00am) - Expert-level, timed and competitive event) Heat 2 (9:30am) - Intermediate/ Beginner – level, timed event)	REGISTRATION FEE: _____ EXTRA DONATION (OPTIONAL): _____ CHECK TO JCPRC ENCLOSED: _____

I have read and understand the Waiver policy below.

WAIVER: In consideration of my application and permitting me to participate in this event, I hereby take action for myself and anyone entitled to act on my behalf: Waive, release and discharge from any and all liability from my death, disability, personal injury, property damage, property theft or actions of any kind which might hereafter accrue to me including my traveling to and from the event, THE FOLLOWING ENTITIES OR PERSONS: event coordinator, event director, property damage, property theft or actions of any kind which might hereafter accrue to me including my traveling to and from the event, THE FOLLOWING ENTITIES OR PERSONS: event coordinator, event director, event committee; The Jefferson County Parks & Recreation Commission (JCPRC); For Love of Children, The Outdoor Education Center of For Love of Children and their affiliates, The Jefferson County Commission, volunteers, Jefferson County, WV, event sponsors, their directors, officers, employees, volunteers' representatives, and agents, and the event holders. I hereby agree to indemnify and hold harmless the entities or person mentioned in this paragraph from any and all liability or claims made as a result of participation in this event, whether caused by the negligence or releases or otherwise. We recognize our obligation to make participants aware of the inherent risk and hazards associated with Sam Michael's 5K Obstacle Race that we offer. Participants may suffer injuries, including, but not limited to minor injuries such as bruises, sprains and more serious injuries such as broken bones, dislocations, muscle pulls and stitches. There are many other risks of injury including catastrophic injuries such as permanent paralysis or even death from back, neck or head injuries which may arise due to participation in this activity. JCPRC and FLOC insists that all participants agree to abide by all of the safety rules and policies of JCPRC. I grant JCPRC, FLOC, medical personnel, employees, volunteers, staff, or agents of, permission to administer or authorize treatment in the event should any emergency treatment be deemed necessary. Furthermore I do not hold JCPRC or FLOC or any of the above mentioned entities, responsible for any such treatment and/or care or payment thereof.

I HAVE READ THE ABOVE WAIVER AND RELEASE AND SIGN IT VOLUNTARILY:

SIGNATURE: _____ DATE: _____

If entrant is under age 18, registration form must be signed by a parent or guardian. Unsigned or illegible entries will be rejected.

PHOTO WAIVER

I give permission for me or my child to be photographed/videotaped and for the pictures to be used for JCPRC and FLOC publications and/or publicity; including but not limited to websites, Facebook, newspaper, etc.

SIGNATURE: _____ DATE: _____

For questions or more information please visit our website at <http://www.flocoutdoors.org/experience/running> or contact Jennifer Myers, jmyers@jcprc.org or Katie Thompson at challengerace.sammichaels@gmail.com