



Hampshire County Turkey Trot 10K or 2-mile Run/Walk

Thursday, Nov. 22, 2012

* 8:15 a.m. bib pick-up / race-day reg.

* 9 a.m. – Combined start 10K and 2M
On Foxes Hollow Road, Romney, WV

Name _____

City _____

State _____ ZIP _____

Age on 11.22.12 ____ Gender: M/F

Choose distance: 10K or 2-mile

Email _____

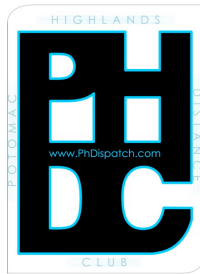
Entry fee: \$5 apiece, or \$3 and one or more nonperishable food item (to be donated to local food pantry).

* Visit www.PhDispatch.com for details.

**Bring form on race day
or mail to:**

Potomac Highlands Distance Club
P.O. Box 102
Augusta, WV 26704

**Be sure to mail it in plenty of
time!**



Waiver and release: I recognize that participation in this activity may involve certain hazards. I understand that I should not participate unless medically able. I assume the risks associated with involvement in this activity, including but not limited to falls, contact with participants, effects of weather, and road and traffic conditions, these risks being known and appreciated by me. Having read this waiver release and considering the acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the Potomac Highlands Distance Club or its volunteers, any and/or all sponsors and hosts, and their representatives and successors, from any claim of liability arising from my involvement in this activity.

Signature _____
(signature of parent/legal guardian if under 18):